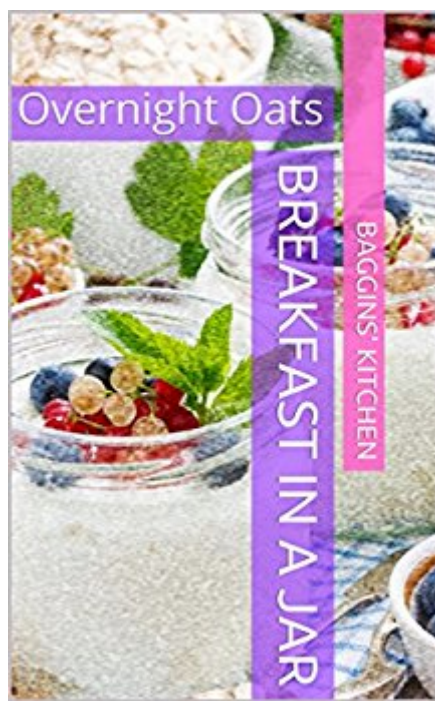


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# Breakfast In A Jar: Overnight Oats



## Synopsis

If you have never tried overnight oats before, you are in for a treat! With 99 recipes to choose from, there is something here for everyone. Whether you are looking to cut down on time spent making breakfast in the morning, or are wanting a healthier breakfast that is also convenient and portable, then overnight oats are the way to go.

## Book Information

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